



# Summer Salad

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## Salad Ingredients

1/2 papaya, cut in half lengthwise, peeled and julienned  
2 cups baby rocket  
1 avocado, peeled, pitted and sliced  
2 tablespoons chopped coriander  
1 nori sheet toasted and cut into thin strips

## Dressing

1 tablespoon miso paste  
2 tablespoons apple cider vinegar  
1 tablespoon extra virgin olive oil  
1 teaspoons sesame oil  
1/2 fresh turmeric root, grated (or 1/2 teaspoon ground turmeric)  
1 teaspoon raw honey  
Juice of 1/2 lemon  
1/4 cup filtered water

## Method

1. To make the dressing, place all of the ingredients in a bowl and whisk to combine.
2. Place the rocket and papaya on the center of your plate and top with avocado slices
3. Pour desired amount of dressing over the papaya.
4. Top with the coriander and crispy nori strips. Enjoy!